

Belfast Trust are Proud to be FIVE YEARS' Smoke Free

Belfast Trust has been Smoke Free for five years across all sites since 9 March 2016! We are celebrating with the launch of this new animation, which we hope you will use and share [View Here](#). We have also refreshed the Smoke Free page on the HUB and updated the Belfast Trust Smoke Free Policy [View Here](#)



The purpose of the Smoke Free Policy is to protect and improve the health and wellbeing of patients, staff and visitors by:

- Assisting patients and staff who wish to stop smoking
- Setting an example of best practice
- Providing a healthy environment.

Being 'Smoke Free' means that smoking or using e-cigarettes is not acceptable anywhere on Belfast Trust sites, including buildings, entrances, exits, grounds, car parks and all vehicles. There are no longer any smoking shelters and smoking is not permitted in cars parked on Trust grounds. This applies to everyone using Belfast Trust facilities and services.

Smoke Free resources were developed by the Smoke Free Implementation Group; under the chair of Brenda Creaney, Director of Nursing and User Experience and are available to download from the Smoke Free page.

As a healthcare organisation, becoming Smoke Free has been a challenging journey at times, and we still have some work to do, but thanks for all the support and commitment to having a Smoke Free Belfast Trust. When last surveyed, 80% of people who engaged with Belfast Trust were in favour of the Trust being Smoke Free.



Stopping Smoking is the best health improvement decision anyone can make in their life. To find out more, or to get in touch with the *Stop Smoking Service* in the Health Improvement Team, please call 02895046714 or email stopsmoking@belfasttrust.hscni.net

Alternatively, click [here](#) to make a referral for yourself or a patient.