

Why have I been referred?

You have been referred by a health professional, for example GP or mental health staff, having experienced difficulties commonly associated with ASD.

You have been invited to attend the Adult ASD clinic to undertake assessment for diagnosis of an autistic spectrum disorder.

You will be seen by at least two members of the team during the assessment.

Completion of the assessment will lead to a decision as to whether your difficulties meet the criteria for a diagnosis of ASD.

What should I expect?

You will be asked to attend a number of Appointments.

The assessment involves a range of appointments and includes the following:

- Questionnaires
- Clinical Interview
- Developmental history
- Observational Assessment
- Other additional assessment might include e.g. cognitive assessment

What happens next?

- A member of the team will meet with you to discuss the outcome of your assessment
- A written report will be provided at the end of your assessment
- The ASD team will make every effort to ensure your assessment process is undertaken in as timely a fashion as possible



The Diagnostic Assessment Team

The team has staff from the following disciplines:

- Clinical Psychology
- Occupational Therapy
- Social Work

Others that contribute as and when required:

- Intellectual Disability
- Adult Mental Health

Autistic Spectrum Disorder (ASD)

Adult Diagnostic Assessment Explained