



Health and
Social Care



Nasendoscopy

Speech & Language Therapy

Royal Belfast Hospital for Sick Children

We can't wait for you to come to see us! We are looking forward to seeing again.

We thought you might like to know what will happen on the day.

First, you will meet either Eilish or Philippa.



Eilish



Philippa

You will come to hospital with your grown-up. It is best if only one adult comes with you.

“..... will come with me.”



Eilish will come to say “hello”! She will be wearing a mask.



You will need to sit very still in the chair, just like a statue!

You can practise this at home!



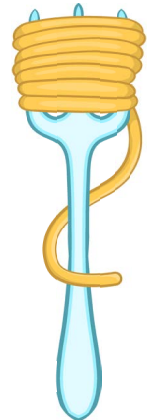
Your grown-up will be able to sit with you and hold your hand if you like.

We will tell you what you need to do. You can ask us questions at any time.





This is Mr Hill. He will pop some spray inside your nose. It helps if you can sniff it up, like smelling a tasty chocolate cake!



Next, we will place a tiny camera inside your nose. It is just like a piece of spaghetti! It is connected to a TV screen.

Listen to Eilish. She will tell you what to do and what to say.

She will remind you : “**Stay very still!**” This will make the picture nice and clear.

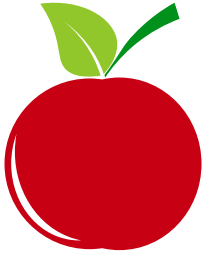
As you talk, we will take some pictures with the camera.

Eilish will ask you to talk. First you will do some counting in a nice loud voice.



1, 2, 3, 4, 5, 6,
7, 8, 9, 10...

Eilish will ask you to copy
some sounds and words.



Apple



Puppy playing



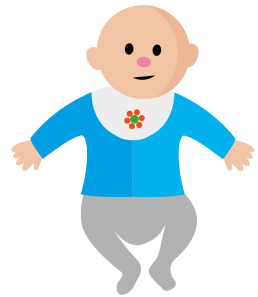
Daddy



Teddy bear



Bob



Baby boy

It won't take long, and then you
can go home!

Eilish will take the camera out of your nose. Mr Hill will talk to your grown-up as you relax.

Your nose might feel a bit sleepy, so be careful with any hot drinks or food until it has woken up.

“That’s it! All done. Great job!”



Don't forget to wash your hands
before you go!



Then you can go home and tell
.....all about it!



Thank you for coming to see us!
We look forward to chatting again
soon.