

CARERS WEEK 2026

PROGRAMME OF EVENTS

**MON
08
JUN**

Carers Week Launch Event
10am - 1pm
The MAC

**TUES
09
JUN**

Wellbeing Session with Ulster Wildlife
7pm - 8:30pm
Bog Meadows

**WED
10
JUN**

**Sightseeing Bus Tour &
Treasure Hunt**
11am - 1pm
Belfast City Centre

**Thanksgiving and
Celebration Evening**
7pm - 8:30pm
Knockbracken Hall

**THUR
11
JUN**

**Belfast Tool Library
(Men's Woodwork Session)**
10am - 1pm
Shankill Mission Building

**Information Session:
Carers Rights**
7pm - 8pm
Online

**FRI
12
JUN**

Cultural Event
1:30pm - 3:30pm
Chinese Welfare Association
We welcome carers from different cultures

Quiz Night
7pm - 10pm
Duncairn Centre for
Arts and Culture

**SAT
13
JUN**

Craft with Ciaran
11am - 2 pm
2 Royal Avenue

**SUN
14
JUN**

Release and Relax: Yoga with Colette
1pm - 2:30 pm
Belvoir Activity Centre



Belfast Health and
Social Care Trust

Carer
Support Service



Sign Up Here: <https://forms.office.com/e/q8DC3qHFR6>



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