

Briefing for Elected Representatives

A newsletter from Belfast Health & Social Care Trust

Follow us on:



Visit us at: www.belfasttrust.hscni.net

20 November 2020

Huge Challenges for Health & Social Care



Trust Chief Executive, Dr Cathy Jack has issued this [message](#) outlining the huge pressures on our staff and services at this time, and asks everyone to follow the guidance to help stop the spread of Covid-19.

Discharge from Hospital

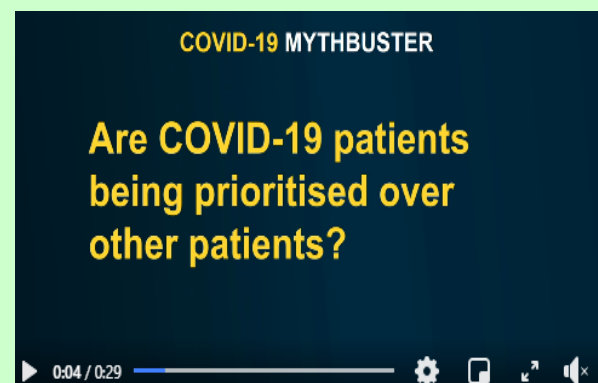
During this time, our [discharge procedures](#) are different to normal.

Please encourage your Constituents who are fit to leave hospital, but are not going home, to take the first bed available until their preferred location can be facilitated.



Covid-19 Mythbusters

Are Covid-19 patients being prioritised over other patients? No, they are not. Patients are treated according to clinical priority and clinical priority is determined by specialist clinical staff. Read more [here](#).



Wash your
hands
regularly



Keep
your
distance



Wear
a face
covering



Download
the app
StopCOVID NI



Briefing for Elected Representatives

A newsletter from Belfast Health & Social Care Trust

Follow us on:



Visit us at: www.belfasttrust.hscni.net

Pharmacy First Service for Winter Ailments

Sore throats and colds are more common during the winter months. Remember, our local pharmacists are qualified medical professionals who can help manage these minor ailments.



**Sore Throat
or cold?**

Pharmacy First

Remote consultations are available for your Constituents who are vulnerable, continuing to shield, and those isolating due to COVID-19, who are unable to get medical advice for winter and COVID care.

Mental Health Advice & Support

Everyone is urged to look after their mental health and wellbeing this winter. Find out more [here](#).

"For those who have experienced stress, anxiety or loneliness, these feelings could become even more pronounced and we must also be mindful that people of all ages and walks of life are likely to be impacted. It's important that we recognise this is not abnormal and we must be prepared to talk to others about how we feel and seek help when we need it."

Dr. Michael McBride



Plus [read](#) how students affected by complex mental health needs can gain help too.

Carers Rights Zoom Session



**Carers Rights, Entitlements and
Assessments Information Session**

**Date: Thursday 26th November
Time: 11.00am**

Your Constituents who are family carers can book a place by contacting:

Tel: (028) 9504 2126

CarerSuppSvcs@belfasttrust.hscni.net

More info [here](#).

If you would like to speak to a member of the Public Liaison Team please:-

Tel: (028) 9504 5888 or Email: publicliaison@belfasttrust.hscni.net

Wash your
hands
regularly



Keep
your
distance



Wear
a face
covering



Download
the app
StopCOVID NI

