

Staff Briefing

Wash your
hands
regularly



Keep
your
distance



Wear
a face
covering



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Please print and share with colleagues

23rd March 2021

Hidden Talents - Arts Care's Annual Art Exhibition

Arts Care NI is calling out to Trust staff and registered volunteers for artworks for inclusion in the Annual Staff Art Exhibition. The exhibition will go online on Monday 17th May, in the hope that the work can be exhibited later in the year at the Tower Gallery, Belfast City Hospital!

With the beautiful spring theme of Blossoming, you can submit recent works or create something over the coming weeks for the exhibition.

The exhibition is an opportunity to showcase the creative talent of staff and volunteers throughout the Trust Be Part of Something Amazing & Share Your Talent with Us

For further information on how to submit your artwork, please refer to the [Hidden Talents Info Sheet](#) or contact [Caitlin Lawlor](#)

Deadline for submissions is Monday 19th April, 4pm.

Belfast Trust Arts in Health ... improved wellbeing through access to the arts.

A 'Call Out' for Art Works

Hidden Talents

BHSCT Staff & Volunteers Art Exhibition May 2021

Here4U Spring activities

Here4U has launched its Spring 2021 programme. Here4U offers an extensive range of free activities and events to staff, to address physical, emotional and mental health and wellbeing. Some of these activities are weekly, others are one-off evenings.

Please do not apply if you are unable to accept a place & attend regularly as many activities are heavily oversubscribed.

You will only be notified if you have been allocated a place.

[Check out what is on offer here!](#)

Registration is essential - [click here to download a registration form.](#)

