



CAMHS Central Point of Referral and Assessment Team

CAMHS Central Point of Referral and Assessment team aim to centralise referrals into Step 2 and Step 3 CAMHS teams within the Belfast Trust and we aim to complete initial assessments of accepted referrals within 9 weeks from the date we received the referral.

Who can be referred?

All children and young people up until their 18th birthday who are registered with a GP and live within the Belfast area can be referred if:

- There are concerns about their mental health and/or psychological well-being

And

- Their problems are at a significant level that means the referrer has strong evidence to indicate they need immediate access to assessment and treatment from mental health professionals.

What makes a good referral?

The more information you can provide, the better we are able to prioritise and respond.

Using the CAMHS referral form details the essential information we require, however, please provide any additional information that might be useful along with the referral form.

Your form may be returned to you by an administrator if you have not fully completed each section.

If you wish to make a referral into any of the following CAMHS teams:

Child and Family Clinic (Under 14)
Young People's Centre (14-18)
Eating Disorder Youth Service (EDYS)
Drug and Alcohol Mental Health Service (DAMHS)
Knowing our Identity (KOI)
Family Trauma Centre
Primary Mental Health

How to refer

Professionals are encouraged to telephone the service to discuss a referral in the first instance on **028 95 040707** Monday-Friday 9-5pm. Your call will be answered by clinicians and they will be able to give you clinical guidance about how to support young people and to refer appropriate young people into CAMHS.

A CAMHS Referral will only be accepted using the full and complete Referral form or if you are a GP surgery using CCG, and you have received consent from the young person and family to share information on your system with us.

You must send your CAMHS referral via secure email:

CAMHSCentralPoint@belfasttrust.hscni.net

IF you need a copy of the referral form please contact a member of the Central Point Team who will be more than happy to send you a copy.

Thank you in advance for your co-operation and please do not hesitate to contact us for further assistance.