

Enteral Feeding for Very Low Birth Weight Infant in Neonatal Intensive Care

- Aim to start feeds on day 0 of life unless medical contraindication.
- Follow table for minimal enteral feed volumes and then increase feeds as per table
- Volume guidance is for 2 hourly feeds.
- Advancement from day to day depends on feed tolerance and will be decided on the morning consultant round.

Day of feeds	<500g	501 – 750g	751 – 1000g	1001 – 1250g	1251 – 1500g
1	0.5	0.5	0.5	1.0	1.5
2	0.5	0.5	1.0	2.0	3.0 – 4.5
3	0.5	1.0	1.5 – 2.5	3.0 – 4.5	6.0 – 7.5
4	1.0	1.5 – 2.0 – 2.5	3.5 – 4.5	6.0 – 7.5	9.0 – 10.5
5	1.5 – 2.0	3.0 – 3.5 – 4.0	5.5 – 6.5	9.0 – 10.5	12.0 – 13.5
6	2.5 – 3.0	4.5 – 5.0 – 5.5	7.5 – 8.5	12.0 – 13.5	15.0 – 16.5
7	3.5 – 4.0	6.0 – 6.5 – 7.0	9.5 – 10.5	15.0 – 16.5	18.0 – 19.5
8	4.5 – 5.0	7.5 – 8.0 – 8.5	11.5 – 12.5		
9	5.5 – 6.0	9.0 – 9.5			
10	6.5				