

21 December 2023

MATERNITY CARE FOR SURVIVORS OF SEXUAL ABUSE AND/OR SEXUAL VIOLENCE

1. Please indicate if your Trust /Health Board provides the following training to all Health Visitors

	Yes / No
Mandatory training about providing trauma informed care All Health Visiting staff receive mandatory training on induction and as regular training updates as stipulated in practice guidance. Training to be completed to support delivering Trauma informed practice: • Adverse Childhood Experiences training level 1 and 2 • Solihull Framework Foundation training with 2 x annual Practice based assessments to be completed • Solihull enhanced programmes focusing on trauma/ brain development etc. • Safeguarding Adults level 2 • Safeguarding Children level 3 with 2 yearly update refreshers delivered • Female Genital Mutilation training • Family Health Assessment training which incorporates Routine Enquiry and Mental Health prediction analysis • Perinatal Mental Health 2 day training • Graded care Profile training to assess risks and neglect within homes • Domestic Violence Awareness/Routine Enquiry training • Signs of Safety training • UNOCINI 1 and 2- analysing risks All Health Visiting students receive a 2 day induction into the Solihull approach in their SCPHN training.	Yes
Mandatory training about the causes and consequences of sexual violence and sexual abuse Additional training is offered by partnership agencies that are delivered and can be accessed by Health Visiting staff on a rotational basis and include: • Trauma Informed Practice via SBNI E learning is an optional module	Yes

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• Child Sexual abuse delivered by CEC • Traffic Light Training • Childcare and the Law QUB module	
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2. Please indicate if your Trust /Health Board provides the following training to all physiotherapists who provide care within the maternity services

	Yes / No
Mandatory training about providing trauma informed care	No
Mandatory training about the causes and consequences of sexual violence and sexual abuse	No

*A few of the physiotherapists in our **pelvic health team** have had training on trauma informed care.*

- *One staff member completed a trauma informed practice course with The Association for Psychological Therapies- which included a broad overview of trauma.*
- *A number of staff have completed a Psychosexual Medicine training/Diploma which includes reflection on the impact of sexual abuse.*
- *A number of staff have also attended a trauma informed care study day for physiotherapists delivered by physiotherapists in our Trust. A session covered the statistics related to sexual violence and domestic abuse (including sexual abuse) and talked about how these may cause trauma and some of the physical presentations that we see in clinic. It was not specifically in relation to maternity care. It covered some suggestions on how to provide trauma informed care to someone who has experienced sexual violence and domestic abuse (including sexual abuse). This study day is currently being evaluated with the hope that may it may be roll out to a wider audience but it is not a mandatory course.*
- *The majority of the team, and in particular those working in with obstetric patients, have not had any training.*
- *Adult Safeguarding training is mandatory in the Trust*

3. Are women and birthing people routinely asked, or offered the opportunity to share, if they have experienced sexual violence or sexual abuse? [please circle]

Yes
Not by physiotherapy
Yes for Maternity

No [please move to Q.5]

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- 4. If yes, please provide detail about this process [e.g. at what point(s) in their maternity care does this happen; who is the person who makes this enquiry; is this required by any policies etc?]**

All women within maternity services in Northern Ireland are asked by their midwife or maternity support worker throughout the pregnancy continuum about domestic violence including sexual, physical, psychological/emotional, financial and coercive control.

This is recorded and documented as part of the Routine Enquiry and is a mandatory requirement to ask and document within the Maternity Handheld Records including NIMATS (Northern Ireland Maternity System) this information relies on maternal disclosure. It is asked appointments during the antenatal booking interview and during the postnatal period within both the hospital and community settings appointments

If there are any red flags disclosed during her pregnancy this question is re-asked outside of those routine episodes as previously discussed above.

The Routine Enquiry is part of the Northern Ireland Antenatal Pathway of Care including NICE Postnatal Guideline and a woman is asked at her antenatal appointments and her postnatal review/visits.

- 5. Please state the name of the NHS organisation completing this survey**
Belfast Health and Social Care Trust – Physiotherapy Service, Maternity Service and Health Visiting Service.