

29 April 2024

## **Dermatology**

**Under the Freedom of Information (FOI) Act 2000, we would be grateful if you could provide answers to the following two questions:**

- 1. What advice does your hospital's Dermatology department issue to patients with eczema regarding the amount of moisturizer that should be applied to patients?**

Patients are advised to apply moisturizer liberally with enough product to cover the affected area.

- 2. What advice does our hospital's Dermatology department issue to patients with eczema regarding the amount of steroid cream / ointment that should be applied to patients?**

Patients are advised (depending on area affected) to apply using fingertip units as per the attached: [FactSheet Topicals V3 \(nationaleczema.org\)](https://www.nationaleczema.org/factsheet-topicals-v3)

**Please provide examples of the advice if the answers are affirmative.**

**Leaflets:** For any leaflets issued please can these be emailed to us if a pdf/word version is available. If it is not, please post them to us.

**Website advice:** For advice given as website links, please email us the web link

**Leaflets / Website addresses below:**

[FactSheet Topicals V3 \(nationaleczema.org\)](https://www.nationaleczema.org/factsheet-topicals-v3)

[British Association of Dermatologists \(bad.org.uk\)](https://www.bad.org.uk/)

[https://eos.org.uk/wp-content/uploads/2020/03/1-EOS\\_ParentBooklet.pdf](https://eos.org.uk/wp-content/uploads/2020/03/1-EOS_ParentBooklet.pdf)