

1 July 2024

Nasal Bone Alignment

Pursuant to the Freedom of Information Act 2000, we would be obliged if you would do the following:

1. With regards to nasal manipulation to improve nasal bone alignment, confirm the following:

(a) the waiting time from the point of referral of a patient by that patient's GP to the patient being first seen by a medical professional with regards to the nasal manipulation.

(b) the waiting time from the patient being first seen by a medical professional with regards to the nasal manipulation to having the nasal manipulation carried out.

Many patients who sustain a nasal injury do not require manipulation of nasal bones. Manipulation is only required if realignment is necessary for an obvious deviation.

The patient is ideally assessed 7-10 days following injury as this is the timeframe when swelling will have reduced to allow for an adequate assessment. This timescale also allows the clinician to manipulate the nasal bones at the same outpatient appointment if required.

The optimum timeframe for those patients who require manipulation is between 7 and 14 days following injury but manipulation can be successful in some cases up to 3 weeks.