



Please donate some items to help
provide emergency food for local
people in crisis

Priority items:

Fruit Juice (long life cartons only)

Milk (UHT long life cartons)

Pasta sauces

Tinned fruit

Tinned meat

Tinned fish

Tinned Rice Pudding

Also:

Tinned vegetables, Mash Potato (powered),
Tinned tomatoes, Rice, Biscuits/Snack bars,
Jam, Tea Bags, Coffee, Toiletries

Thank You!



How a food bank works:

- Non-perishable food is donated by the public.
- Food is sorted by foodbank volunteers.
- Frontline care professionals, including doctors and social workers, give foodbank vouchers to people in crisis.
- Clients exchange vouchers for 3 days of food at the foodbank.
- Clients are also signposted to further support where possible.



trusselltrust.org



facebook.com/trusselltrust

Several foodbanks within the Trussell Trust network are located in and around Belfast. Each is governed by a charitable organisation registered with the Charity Commission for Northern Ireland.

