

Staff Briefing



Find answers to your COVID-19 questions [here](#).



Get the latest COVID Daily Update [here](#).



What's coming up in 2022 for Leading the Way Belfast...

Would you like to get back to cycling in 2022?

Let Sustrans help you ease back into the saddle and get those feet back on the pedals. They have a range of free sessions to help you gain confidence. [CLICK HERE](#) for more info.

Be sure to also check out our staff cycling scheme by visiting:

[Cycle to Work](#) | [B Well](#)



HAPPY NEW YEAR

Staff Health & Wellbeing January 2022 Events

The Health Improvement Team's vision is to improve, enhance and support the health and wellbeing of our staff by addressing their health experiences and outcomes.

For more information visit the [BWell website](#) today.



To view the calendar of events taking place in this month [CLICK HERE](#).

PREPARING FOR RETIREMENT INFO SESSIONS

All staff who are planning to retire in the next 6 – 18 months, please see information on link below for free virtual workshops available from the HSC Leadership Centre.

Please note the time for the core morning sessions will be 9am to 12.30pm and will cover:

- Pensions information
- Financial services/investments
- Health and well being

A choice of optional sessions will be provided in the afternoon of each workshop date. [CLICK HERE](#) for more information.

