

# Walking Groups



Click [here](#) to visit the 'b well' site.

Calling all **staff** and trained walk leaders!

Would you like to join some walks around the lesser-known parks around Belfast?

To register email [health.improvement@belfasttrust.hscni.net](mailto:health.improvement@belfasttrust.hscni.net)

For more information on the walks, please contact [donna.rooney@belfasttrust.hscni.net](mailto:donna.rooney@belfasttrust.hscni.net).



Week one	Date	Location	Venue	Distance
	22/6/2021	North Belfast	Glenbank Park	1.7 miles
	24/06/2021	West Belfast	Divis Lough Trail	1.8 miles
Week Two	Date			
	29/06/2021	South Belfast	Derriaghy River Path and Extensions	2.1 miles
	30/06/2021	East Belfast	Orangefield Park	1.1 miles
Week Three	Date			
	06/07/2021	North Belfast	Ligoneil Dam	1.2 miles
	07/07/2021	West Belfast	Bog Meadows	1.2 miles
Week Four	Date			
	15/07/2021	South Belfast	Mary peters to Shaws bridge	2.5 miles
	16/07/2021	East Belfast	Tommy Patten Park	1-2 miles

