

# Dysphagia Information Chart – For Units

Resident	Diet texture	Drinks texture	No. sugars in hot drinks?	Likes	Dislikes	Assistance	Specific cup or cutlery advised

**IDDSI**  
**Food Texture**

- Regular / Level 7
- Regular / Level 7 – Easy Chew
- Soft & Bite Sized / Level 6
- Minced & Moist / Level 5
- Pureed / Level 4
- Liquidised / Level 3

**IDDSI**  
**Drinks Texture**

- Thin / Level 0
- Slightly Thick / Level 1
- Mildly Thick / Level 2
- Moderately Thick / Level 3
- Extremely Thick / Level 4